

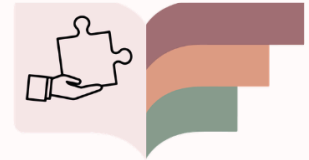
# The Busy Parent's Homework Rescue Map

## Help for the following problems:

- Homework takes too long
- Information is unclear or missing
- We don't know how to do it

## 3 solutions explained

- The CLOCK fix
- The INSTRUCTION fix
- The STUCK fix



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### Contact us

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### THE CLOCK FIX

*Problem:* "Homework takes hours and we are both exhausted."

**Solution:** The 25/5 Power Sprint

- ☐ Set a timer for 25 minutes.
- ☐ Work on one task.
- ☐ Take a 5-minute break.
- ☐ Repeat 2 times.
- ☐ Have a reward at the end.

*Pro Tip:* Use a visual timer to help kids stay on track.

### THE INSTRUCTION FIX

*Problem:* "The work is missing or instructions are unclear."

**Solution:** The 10-Minute Pivot

- ☐ Spend 10 minutes trying to solve the issue.
- ☐ Check online resources for similar problems.
- ☐ Ask another learner or parent.
- ☐ Move on to a different subject or task.

*Pro Tip:* Encourage your child to solve their own problems.

### THE "STUCK" FIX

*Problem:* "I don't know how to do this and I'm not a teacher!"

**Solution:** Prompt, Don't Teach

- ☐ Ask guiding questions, don't provide answers.
- ☐ Use examples from class or previous assignments.
- ☐ Encourage them to use Gemini or ChatGPT.
- ☐ Offer encouragement and support.

*Pro Tip:* Remind them of past successes and problem-solving skills.

## The "Peace of Mind" Slip

Write a note to the teacher:

Dear \_\_\_\_\_

[Child's Name] attempted this tonight, but we hit a roadblock with [Time / Instructions / Clarity].

Rather than cause frustration, we spent 20 minutes on [Reading / Maths Drill] instead. We will try and catch this up. Please can you assist us with the missing information.

Signature: \_\_\_\_\_